

# FARM TO SCHOOL

## What is Farm to School?

Farm to School (F2S) connects students with local farmers and food producers to promote healthy eating, provide educational opportunities and support local economies. The primary goal of Farm to School programs is to improve children's access to fresh, locally grown fruits, vegetables and other farm products, while also increasing students' knowledge and understanding of where food comes from.

### What does Farm to School include?



FARM FRESH FOOD Source locally grown food to provide in school cafeterias

Local farmers and producers can collaborate with schools to provide fresh fruits, vegetables and other farm products for school meals. This involvement helps ensure that students have access to nutritious, locally grown food.



#### SCHOOL GARDENS AND FIELD TRIPS

Students get hands-on learning in a living laboratory

School gardens offer a space where students can learn and apply science, technology, engineering and mathematics (STEM) practices, as well as nutrition and the benefits of consuming locally grown food. Field trips are a great way for students to learn about farming practices, see where their food comes from, and gain a deeper understanding of agriculture and sustainability.



**EDUCATION** Dive deeper into a Farm to School-based education

Gain and share expertise and knowledge through educational presentations and workshops with others.

# How can I get involved?

For questions, additional information or to get involved, please contact Nevada Farm to School Coordinator Haley King at <u>h.king@agri.nv.gov</u> or (775) 353-3364.