

HEALTHY EATING, SMART LEARNING!

FRUITS



VEGETABLES



MILK



GRAINS

MEAT /

MEAT ALTERNATES



Nevada's School Meal Pattern has a number of benefits. It is designed to improve the health of Nevada's children by encouraging:

- **Healthy eating habits**
- **Increased consumption of fruits, vegetables and whole grains**
- **Right-sized meal portions**

And, it enhances the quality of Nevada's school lunches!



NEVADA
SCHOOL
MEAL
PATTERN



FIND OUT MORE: agri.nv.gov/schoolmeals



The USDA is an equal opportunity provider.